

Thud Thud

Sensory Bottle

You will need:

Non-transparent plastic bottle with lid
(so that the sound is the main focus of the activity)

Large ball of playdough or modelling clay

Tape (optional)

Method

1. Poke the dough or clay into the bottle.
2. Secure the lid with hot glue or superglue. You may also wish to tape around the lid for extra security.
3. As you shake and spin the bottle, listen to the heavy thud sound inside.

